



# Introduction to Cigar Play

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Papa ONYX

## Introduction

Cigars have long been part of the Leather and BDSM communities. From the imagery immediately conjured by a leather daddy lit cigar in hand, to the obvious phallic connection of lips tightly wrapped around a firmly packed “stick”, cigars have become increasingly common in our community, culture and events. This T.E.A.C.H provides an introductory overview of the erotic nature of cigars and cigar play.

## Cigar Basics

Cigar aficionados commonly refer to their cigars as sticks.

The “head” of the cigar is that portion that goes into mouth, much like the head of the penis. If you look closely at the head you’ll see a small ring, known as the “cap”, where the cut is typically made, allowing air to flow through delivering a smooth, even burn.

The “foot” is the end that is lit, while the portion between the foot and head is commonly called the “barrel” or “body”.

The filler of a cigar contains a consistent blend of dried and/or fermented tobacco. The outside of the cigar or “wrapper” varies in color from light to dark. A lighter wrapper typically indicates a more mild cigar, while darker wrappers indicate a stronger taste. Much of a cigar’s flavor comes from this outer layer.

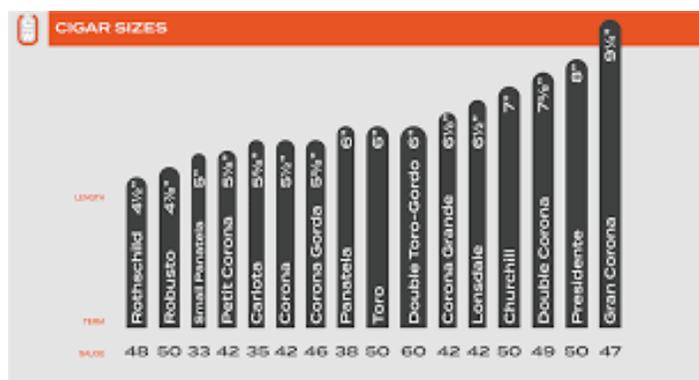
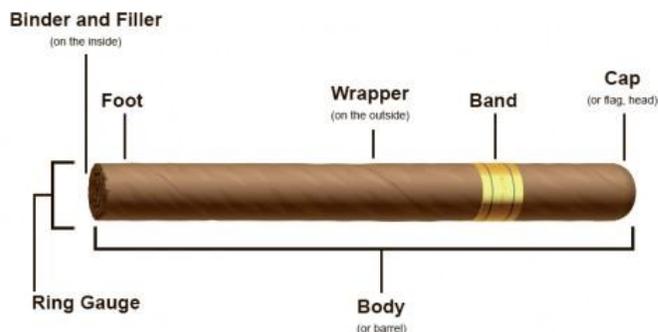
The width or diameter of each cigar denotes the “ring gauge” and is measured in by the 1/64<sup>th</sup> of an inch. The most common ring gauges range from 28 to 60, with a few even larger. I’m partial to larger ring gauges of 50 or higher, which I feel provide a fuller flavor, thicker ash and more erotic feel. For those just getting started, a ring gauge between 40 and 54 is ideal for a cigar play session.

When buying cigars from your local tobacconist, ask for help. The general factors you should consider in your purchase are: strength, taste / aroma, size and price. And remember, more expensive is not always better.

## Before We Get Started

Only play with someone you fully trust. Question your potential partner about the play to assess if you should extend your trust. Trust your gut in making that decision, not your dick or libido.

As with all kink play, participants must first negotiate the terms of the scene, ensure boundaries are clearly understood and establish safe words. Cigar play is done with a hot, burning instrument capable of causing third degree burns and scarring. When properly done, play is very safe, non-burning and highly arousing with no marks or burns. In some negotiations, play may involve minor burning or “marking” as part of the power exchange, but this must be done with the utmost care. Understanding how to deal with First, Second and Third degree burns and when to seek medical attention is the responsibility of both play participants. As smoke is always involved in cigar play, make sure you understand if your submissive has any underlying health issues (e.g. asthma, allergies).





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## Cigar Play

Cigar play is slow, sensual and erotic – and wonderfully varied through the introduction of erotic imagery, power exchange, fear (heat and breath control play) and sensation (fire, heat, smell and taste play).

Hanky Color	Worn On Left	Worn On Right
Tan	Cigar Smoker / Dominant	Cigar Lover / Submissive

In this lesson we will explore the four basic elements of cigar play: I) Servicing Play, II) Heat Play, III) Smoke Play and IV) Ash Play.

## Before Care

1. Complete discussions around consent, safe words and scene negotiations prior to the play session.
2. Avoid wearing any flammable clothing or products, including lotions, deodorants, colognes, etc.
3. Given this type of play can result in accidental issues similar to those found in wax or fire play (burning, choking, etc.), ensure the necessary safety items are readily available. These include a clean wet towel, water, ice, wound wash and aloe vera.

## I. Servicing Play

Servicing play is often the first type of play experienced under the general umbrella of “cigar play”. Most commonly, the submissive will “service” his or her top in the lighting of the cigar. After making the proper cut at the cap, it is common to lightly wet both ends by a light licking to seal the wrapper. Holding the cigar, the submissive “toasts” the foot to prime it for lighting by rolling it across the top portion of the flame. The dominant will then take the cigar in their mouth, and holding it a 45 degree angle over the flame, puff and slowly roll the cigar to ensure an even burn. For avid cigar smokers the lighting of a cigar is part science and part art!

As your interest in cigar play grows, one of your first experiences will likely involve performing oral sex (kissing, sucking) during a smoke session. This is an excellent way for the submissive to gain trust and to adjust to the smell, taste and degree of smoke involved in cigar play. Frequently, this will evolve into a great “fuck session” while the dominant continues to enjoy their cigar, and may even include some of the entry processes related to heat play, smoke play and ash play. Nothing beats your submissive milking your dick while you enjoy your favorite stick.

## II. Heat Play

1. Heat play is done by holding the cigar close to the skin or a body part, and often includes inhaling on the cigar to cause the foot (tip) to glow.
2. How close you get is determined by your experience, as well as the experience of your play partner.
3. Sensation can be increased through the use of a blindfold, or you may prefer the increased fear factor that comes with watching the glowing tip grow closer to the skin.
4. Body areas most commonly used include nipples, opening of the ass, dick head, dick shaft, ball sack and arm pits. With more experienced submissive partners carefully inserting the glowing tip into the mouth can produce heightened arousal, but this requires practice and extreme trust due to the high risk of the behavior.
5. In rare cases an experienced submissive may request a minor burn to an arm or chest. Even minor burns will scar, and while this may be requested as a “badge of honor”, it is not recommended behavior. It is the dominant’s job to protect the health and safety of the submissive during cigar play.

## Singeing

6. Singeing body hair can be extremely erotic in both its feel and smell, and further establishes the power exchange dynamic while introducing the importance of control, submission, and fear. In simple terms, the submissive has surrendered their body while displaying full trust in their dominant partner.
7. Avoid singeing facial hair or too close to the skin – and never all the way to the skin.
8. Singeing of body hair is commonly done around the ass, underarms, nipples and pubic hair. This is done slowly, causing small amounts of hair to “melt” away rather than creating a flame, which is very rare but can happen if



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you proceed too quickly. The smell of singed hair can be highly arousing for both parties, but does not taste good if you plan to incorporate other oral sensory aspects into your play.

## III. Smoke Play



Smoke play is also very erotic and is a great starter for cigar play. Unlike other aspects of cigar play, while it may at first be unpleasant to the novice submissive, there is little likelihood of burning or other higher risk impacts. This type of play invokes many senses (smell, taste & temperature) and is typically centered on breath control and breath exchange. The scenes can be highly intimate, invoke strong aspects of power / dominance, and may also selectively incorporate bondage and torture depending on the desires of the participants.

As the dominant, remember during this play it is your responsibility to remain in full control of your cigar, protecting the submissive (and yourself) from the hot glowing cigar foot and any hot ashes.

1. The warm sensation of smoke blown on to the body, along with the aroma and taste during a kiss, will excite any submissive into this type of play. Vary the play by including multiple body parts, such as nipples, the dick, ball sack and anus. Using your tongue, saliva or ice on the body prior to blowing warm smoke on them elevates the sensation and helps create the imagery of what's to come.
2. Using smoke in kissing, from simple kisses to a deep "French" kiss, is the most common type of smoke play. The dominant takes complete control, determining the type of kiss, duration, frequency, position, and degree of intimacy. Smoke can be exchanged forcibly or passionately. Make sure to let some smoke escape, as the visual of the smoke combined with the wonderful aroma only add to the erotic nature of the scene.
3. Heighten the excitement through rhythmic breathing and kissing, exchanging smoke back and forth on command, playing with the amount of smoke and the duration of the exchanges.
4. To advance the play, the dominant may hold the nose of the submissive closed, adding an element of breath control. The submissive may be made increasingly uncomfortable and taken to the brink of passing out during more experienced play. This type of power play is something you work up to during a session and is almost never a starting point.
5. Cigar rimming creates an exciting sensation. It combines the oral stimulation of regular rimming but adds-in caressing the anus with warm smoke and if properly opened blowing smoke into the hole. While the unlit end of the cigar can be inserted into the hole, note that lube will destroy the taste of the cigar. Of greater importance, the inner walls of the rectum absorb nicotine quickly and can become easily irritated from smoke or the cigar wrapper during extended play.
6. Breath control is sometimes done using a fitted gas mask (such as those available at Army-Navy Surplus stores). This type of smoke play is a more extreme form of breath control, which we will outline in a future discussion of cigar play. It also carries a significantly higher risk than the more general breath control, requires close monitoring, the use of negotiated non-verbal safe "hand signals" and should only be done by experienced participants.

## IV. Ash Play

Hot ash play involves using the ash of the cigar that is not glowing, i.e. we never use the red burning embers – which can easily cause a second or third degree burn. The non-glowing ash is still hot (warm) to touch but will not burn. It also cools very quickly. To be safe, after puffing on the cigar, allow the ash on the end to briefly cool before touching any body part. Ash play is often involves the chest, lower part of the back, nipples, dick and ball sack. Adding in ice to the play greatly increases the sensations and helps to some extent with reducing the risks. Likewise, the warmth of smoke play often precedes ash play involving many of the more sensitive body areas.

Some of the more introductory aspects of ash play include:



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1. Using ice to arouse a nipple and gently touching the cigar ash against it, driving the submissive wild by the changing sensation. The wetness from the ice will help protect the skin, and using the non-glowing ash will prevent any burning.
2. Ash play can be easily incorporated into Cock and Ball Torture (CBT). As a reminder, these are extremely sensitive areas, so while the same rules apply as with the nipples, go slow.
3. Some dominants enjoy using their submissive as a human ash tray, having them kneel on all fours while the non-burning ash is gently tapped on to their back. Given that time spent enjoying a cigar can last for 90-120 minutes, this activity can be incorporated into other forms of submissive training and obedience.
4. Ash writing by the dominant onto the chest, back or buttocks of the submissive is an exciting form of dominance and exertion of power / control. Ice is again often incorporated into this type of play, as it tightens the skin and the wetness combined with the ash makes for an erotic sizzling sound while protecting the skin. As we've noted above, only use the non-glowing ash to write, allowing it to briefly cool after each puff. Marking your submissive as your boy, slave, slut or other marking adds to the power dynamic.
5. Having your submissive perform ash eating can be sensual for everyone, and is more common than you might think. For me it's the cigar play equivalent of water sports. The taste is very salty and not at all gritty. Ease into this, such as having your submissive lick the ash off your boot or their forearm or have them finger it from their chest. Be aware that eating too much ash can induce nausea, so ensure your submissive has eaten some carbs and make sure you have water available.

## After Care

1. The dominant should check the submissive's body for any issues or burns (no matter how minor). Though highly unusual, ensure there are no issues breathing or with light-headedness from more extreme scenes. Any issues should be treated appropriately based on medical guidelines.
2. A proper rest period, along with hydration after a session (e.g. water), is commonplace.
3. Either the submissive or dominant may wish to shower after a cigar play session, depending on the experience. Often the submissive will prefer to do a basic "wash-up" to preserve the aroma of the scene.
4. If desired, you can remove the cigar smell from your leather by mixing 2 tablespoons white vinegar, two cups water, and 1 teaspoon of baking soda into a spray bottle. Spray your leather (after doing a patch test), wipe it off after a minute and allow your leather to air dry. Remember to condition your leather on a regular basis.

## Summary

There are many erotic aspects to cigar play, each with its own unique and exciting results. Safe, Sane and Consensual consent is a must in cigar play. If you are the dominant, remember that you are responsible for ensuring you are educated, experienced, proficient and capable of ensuring safe play. If you are the submissive, remember that you are responsible for being honest about your experience and desires – and ensuring your needs are fully understood and negotiated. You also play a key role in ensuring the play is safe. Now let's get smokey!



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### Disclaimer:

*In all of our T.E.A.C.H sessions, our members are intentional in discussing the health and safety aspects of the kinks they are presenting. All kink play has risks, and by taking part in these activities you accept those risks and assume responsibility for them. ONYX cannot accept any responsibility or liability for any accidents or harm that could be encountered during your kink play. Get Consent. Be Safe. Have Fun!*