



# Introduction to Wax Play

July 2020



Krome ONYX

## Introduction

Wax play, a form of temperature play, incorporates melting wax of various types to create slight stinging sensations inducing excitement or arousal. In this introduction we will cover tips and techniques for beginners. In addition, we will discuss materials needed and what should be done before, during and after the play session.

## Materials

The safest wax products to use are made of soy and paraffin or a mixture of the two. Paraffin and soy melt at lower temperatures and are least likely to burn your submissive during play. Specific wax is needed during play and should be chosen in its purest form. Before purchasing, read the ingredients to ensure your wax does not have any additives and perfumes. Avoid wax that is dyed with unnatural ingredients, scented, look metallic and products containing beeswax. Consider the allergies of the submissive, a reaction due to negligence will ruin the experience. Typically the decorative candles you have in your home are not the proper type to use for wax play.

When selecting a candle, the easiest to master is the classic stick. The surface area of the wax is wide enough to produce safe slow and steady drips. Not to be confused with tapered candles which have a smaller surface area for the wax to pool. Tapered candles elevate the temperature of wax point of contact to the body and can be unsafe for beginners. Pillars and votives are another great option for pooling and allow for a more concentrated pour. Candles that are enclosed in glass or cups should be avoided by beginners. Glass and cups can create "hot spots" where the wax furthest from the flame is safe but the temperature rises dramatically in application.

In addition to the perfect wax and candle type, there are additional items that need to be procured before the session starts:

- ✓ Tarp (protection for the area in which you work)
- ✓ Base natural oil (a thin layer to be used as a base for wax - i.e.; Coconut oil)
- ✓ Wax
- ✓ Fire source
- ✓ Water (safety, you are playing with fire!)
- ✓ Dull edge (Play knife or plastic card - removal of wax)
- ✓ Towel (clean up)
- ✓ Moisturizer / Aloe Vera gel (used in aftercare)
- ✓ First Aid kit and knowledge of burn care



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## Before

Before starting the scene, conversations should be held to discuss the pain and heat tolerance of the submissive. Establish safe words or signs (signals) to be used for check-ins during play. Discuss preferences of wax and known allergies to the products that may be used during the scene and aftercare. Create a clean workspace with all materials laid out and readily accessible. As the Dominate, mentally plan the session. This preparation will ensure smooth transitions making the experience more enjoyable. Cultivate a stress-free environment for your submissive. Ask what makes them relaxed such as music, or scents and incorporate it into the scene. The more comfortable they are, the longer your session can be. This is a great time to discuss what aftercare looks like for the submissive, outside your own expectations of clean up. Play sober, as both parties will need to be aware of all sensations to ensure safety.

## During

After the workspace is set, it's time to play! Light candles with enough time for the wax to pool, but not sit. This will maintain a safe temperature for the wax and can be done while prepping your submissive. During preparation, the goal is to slowly raise the body's temperature. Use your hands and the oil base! Before introducing the wax to your submissive, test the temperature on yourself. The most sensitive parts of your body are the inner arm and wrist. Upon application stay at least 18" away from the spot of impact. Start slow then increase from a controlled drip (candle sticks) to a more concentrated pour (pillars). Be cognizant to avoid piercings and natural valleys of the body. As a beginner, avoid more sensitive areas such as nipples. Do not pour wax on the face, in any orifice or on genitalia.

Always verbally check in with your submissive at this time. Look for signs of discomfort in new areas during application. Travel around the area to control the body's temperature. Because heat can be subtle, check for hot spots on their skin with the back of your hand. Take your time and allow breaks for the wax to cool before reapplying.





## Aftercare

At the end of the session transition to aftercare. Aftercare alters from person to person and should cater to the needs of the submissive. Based on conversations held prior to the session, a light massage, verbal affirmations or quiet time may be needed. During this time the Dominate will start removing the wax. Wax can be removed in various ways:

- ✓ Scratched (claws, gloves or nails)
- ✓ Scraped (wax knife, plastic card)
- ✓ Natural oils
- ✓ Combed
- ✓ Flogged or whipped (for more advanced players)
- ✓ Ice and water

Keeping in mind that the skin is still sensitive from the heat, be cautious during removal. Use the towel to free access wax from your partner. Apply a thin layer of moisturizer or aloe vera gel to protect and rehydrate the skin. At this time the submissive has been thoroughly cleaned and massaged, their skin should be blushed and soft to touch.



## Summary

Wax play can be a very sensual experience that requires skill and full attention. It is important to check in with your submissive and check their body temperature periodically. Aftercare should be done thoroughly, with as much attention as needed during the application. As a best practice, cater the aftercare to the needs of the submissive. Know the difference in care needed between a person of color and / or one that's heat sensitive. I also suggest you check with your partner the day after on their physical being and the overall experience.

**HAVE FUN! BE CREATIVE!** When you feel comfortable in your craft incorporate new materials and toys in your play. Experiment with ice and cold objects for a temperature shock once skin is flushed from wax. The heat will cause exposed areas to become more sensitive. Take advantage by experimenting with textures such as feathers and fur. Join the fun and use parts of your body.



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## Other Reference Material

[Your Introduction to Wax Play \(& How to Stay Safe\) - SheKnows](#)

[Ultimate Wax play guide – How-to, Safety and Recommendations](#)

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**Disclaimer:**

*In all of our T.E.A.C.H sessions, our members are intentional in discussing the health and safety aspects of the kinks they are presenting. All kink play has risks, and by taking part in these activities you accept those risks and assume responsibility for them. ONYX cannot accept any responsibility or liability for any accidents or harm that could be encountered during your kink play. Get Consent. Be Safe. Have Fun!*